

## STARTERS

### Quilon salad

*chef's creation: mixed greens with patty pan dressed in lavender and kokum infusion*

### Smoked mushroom and soya bean chop

*with mint sauce*

### Mini vegetable dosa

*thin rice and lentil pancake filled with tempered vegetables, served with sambhar*

### Seafood broth

*mixed seafood in coriander flavoured broth*

### Curry leaf and lentil crusted fish

*with ginger and tamarind chutney*

### \*Dakshini pepper chicken

*green pepper corn, yogurt and chilli flavoured*

*\*Denotes spicy dish. Some of our dishes may contain traces of nuts*

41 Buckingham Gate

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[info@quilonrestaurant.co.uk](mailto:info@quilonrestaurant.co.uk)

[www.quilon.co.uk](http://www.quilon.co.uk)

## MAIN COURSES

### SEAFOOD

#### Prawn masala (£6.50 supplement)

*tiger prawns shelled, marinated and cooked with onion tomato masala*

#### \*Roasted fish in plantain leaf

*marinated tilapia fillet wrapped in banana leaves and roasted*

#### \*Koondapur fish curry

*chunks of halibut simmered in coconut, chilli, onions and tamarind gravy*

#### Squid and shrimps allepy- style

*squid batons and shrimps stir-fried with spices with touch of coconut*

### LAMB

#### Pistachio lamb

*slow cooked with freshly ground pistachio, chillies and spices*

### GAME/CHICKEN

#### Guinea fowl masala

*supreme of guinea fowl rugged with coriander, green chilli and tomato masala*

#### \*Goan chicken

*chicken supreme cooked with goan spices, vinegar and chilli*

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## VEGETARIAN

### Crispy okra

*thinly sliced okra, batter fried, tossed in onion, tomato and crushed pepper*

### Potato and cauliflower with fresh fenugreek leaves

*potato and cauliflower florets cooked with onion, tomato and roasted spices*

### Spinach poriyal

*shredded fresh spinach cooked with mustard seeds, whole red chillies, and freshly grated coconut*

### Coconut with asparagus and beans

*sautéed with mustard seeds, curry leaves, green chillis and grated coconut*

### \*Cottage cheese and coloured pepper

*diced cottage cheese and coloured pepper cooked with tomatoes and onions and tempered with mustard, curry leaves, cinnamon and cloves*

### \*Chickpeas masala

*chickpeas cooked in a special blend of aromatic spices*

### Mango curry

*fresh ripe mango cooked along with yoghurt, ground coconut, green chillies and tempered with mustard seeds and curry leaves*

## THALIS

### Palm fringed lunch (vegetarian)

*a selection of traditional vegetarian delicacies, a menu which includes three vegetables, sambhar served with rice, pineapple pachadi appams and parathas.*

### Catamaran lunch (non-vegetarian £2.75 supplement)

*a combination of traditional vegetarian/non-vegetarian delicacies, a menu which includes fish and chicken, two vegetables, sambhar served with rice, appams and parathas.*

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## ACCOMPANIMENTS

Fluffy steamed rice

Curd rice

*soft cooked rice mixed with yoghurt and salt, tempered with mustard, white lentil, ginger and green chillies*

Lemon rice

*basmati rice tossed in lime juice, curry leaves, split bengal gram and pure ghee*

Tomato rice

*basmati rice tossed with tomato, onion and mint flavoured*

Appam

*a delicious soft centred, lace edged rice pancake*

Malabar paratha

*soft refined flour dough beaten to thin sheet and folded to form layered bread, cooked on a skillet with pure ghee*

Tawa paratha

*whole wheat layered bread cooked on skillet with pure ghee*

Okra pachadi

*fried okras mixed with yoghurt, ground coconut, cumin seeds and mustard*

Pachadi

*pineapple and pomegranate mixed with yoghurt, ground coconut, cumin seeds and mustard*

Plain yoghurt

THREE COURSES £22.00 INCLUDING COFFEE OR TEA

ALL PRICES INCLUDE VAT

A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

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